

10 Day De-Clutter-A-Thon

A Comprehensive Checklist

Remember not to tackle everything at once! Break it down into workable pieces. If you can only work for 5 - 15 minutes a day, take that time to find a few items to donate or throw out. It will quickly add up to make a big difference.

Medicine Cabinet

Clean out an expired or outdated medicine, makeup, first aid ointments, toothpaste, etc.

Linen Closet

Any extra blankets or towels you haven't touched in years that should be donated? What about those curtains you bought and decided you didn't like?

Bedroom Closet / Dresser

This one is pretty straightforward.. get rid of clothes that you don't wear or that don't fit anymore.

Clean out Nightstand

There could be all sorts of things lurking in those drawers that get shoved in there before bedtime.

Office Closet

Go through old purses, bags, and other things that get stored in the office closet.

Kitchen Cabinets

Clean out cups, plates, expired food, baking pans, etc.

Kitchen Drawers

Get rid of old tupperware, utensils, and clean out that junk drawer!

Bookshelves

What books haven't you touched in ages?

Filing Cabinet

Check out my post on purging old files for ideas on what to keep and what to throw away.

Email / Computer Files

Organize the files and your computer and delete what you don't need anymore so it's not taking up valuable disk space. Then spend some time decluttering and organizing your email.

Entertainment Center

What movies are just collecting dust? Any CDs that you never listen to anymore? Donate them and clear out that clutter.

Holiday Decorations

What holiday decorations do you truly love and which ones do you just use just because you have them? Take the simpler approach and only keep the decorations that make you smile.

Desk

I don't know about you, but my desk is a major problem area for clutter. Bills, notes, papers that need filed and more get stacked up higher and higher.

Photos

Take time to go through some photos, both digital and printed. Delete or throw out the blurry, unfocused ones that you can't see anyone in anyway. Organize the rest in folders or albums.



Coat Closet

I don't know about your coat closet, but there's a lot more than coats in ours. A little decluttering and organizing can go a long way in making things easier to find.

Garage

Depending on the size of your garage, this project could easily take more than a day. Break it into workable pieces and clean out old tools, toys, and things that you forgot were stored in there anyway.

Basement

Our basement can quickly become a clutter collector if we don't stay on top of it. There's a lot of space for storage but sometimes we need to just get rid of it instead.

Decorations / Knick Knacks

Just like the holiday decorations, go through your everyday ones and keep what you truly love and get rid of the rest. If you don't truly love it, there's no point in decorating your home with it.

Craft Supplies

I think there are far more craft supplies on some shelves in my office than I'll ever have time to use. If you're an avid crafter, I'm sure it'd be worth keeping more and coming up with an organizing system for the supplies. However, if you're like me and have realized that it's just not going to happen and you have other much higher priorities, then it's time to clear out the supplies and cut it down to what you'll actually use.

Other Storage Areas

Lastly, take a look at any other areas of storage in your house. Evaluate what's clutter and what can stay. Be ruthless, you'll be glad in the end when you have more breathing room in your home.

